



Details &
RSVPs

Veggie Vebuary

2026 Menu



APPETIZER



Free screening of **"Meat Me Halfway"** documentary

3-5pm on Sun. Feb. 1

The Baird, 5 Mead St, South Orange

RSVP: <https://forms.gle/Y8twh5GXuW2mHNW6>



MAIN COURSE



Mayors' Meatless Challenge

Mon. Feb. 9-Wed. Feb. 11

Join Maplewood **Mayor Vic De Luca** and South Orange **Mayor Sheena Collum** in choosing one or more entrees:

- Go meatless for one or more days
- Try a new meatless recipe
- Choose a meatless dish at a restaurant



FOR THE KIDS



Free public event:

"Funny Faces in February"

4 PM on Thurs.. Feb. 12

South Orange Public Library
The Baird, 5 Mead St, South
Orange

*A playful program featuring
stories and healthy snacks
for kids ages 6 and up*

SPECIALS



Recipe of the Week

Follow Meat Me In The Middle for simple, high-protein recipes every week of February

 @mmitm.project
 @mmitm_project

For more details and to RSVP for events: <https://mmitm.info/veggie-vebruary>